

# bon appétit

## 10 Chef Instagram Accounts Worth Following

Most chefs are sort of like my mom and dad when it comes to technological advancements that aren't the latest Pacojet or sous-vide machine--they're about a year or two behind. And while many chefs are on Twitter these days, only a relatively brave few have adopted Instagram. But really, photos are the perfect medium for chefs to share what they're doing in the kitchen with tens of thousands of fans instantly. Alas, these are chefs we're talking about, not photographers.

Still, [as we know](#), it is possible to take great food photos on Instagram. Here are ten chefs around the country who are doing it (mostly) right.



[@cdeihl](#) Executive chef at Cypress, in Charleston, SC, Craig Deihl has an eye for the patterns that emerge from spirals of sausage, matrices of pierogi, and piles of crayfish.